



# Wilson County Health Department

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## Proper Food Storage in Refrigerators and Freezers



**Produce**  
**Cooked Food**  
**Ready-to Eat Food**



**Fish, Eggs**  
(Cook temp: 145° F)



**Whole Beef and Pork**  
(Cook temp: 145° F)



**Ground Meat**  
(Cook temp: 155° F)



**Poultry**  
**chicken/turkey/duck**  
(Cook temp: 165° F)

